

About WHY? - WHAT? - WHO? - HOW? and Life

- Some thoughts from practice to support Sustainability



- **Structure helps seeing the big in the small**

The letter was interesting, and I liked the presentation. So, when I got to the ". . . Let me know what you think." I responded:

- as an economist, I like to see numbers, especially when you know WHY you want to use them and WHAT you want to improve.
- as a biologist and chemist, I like to see a company as a participant in the evolutionary process with its own evolutionary processes inside.
- as a coach and educational program developer, I like the vision and the systemic style.
- and as a writer and artist, I liked how you explained what you wanted to explain.

Uniting these spheres help to create a systemic holistic approach and to see the big in the small.

- **When we are improving, we are creating**

- The emergence and improvement of various forms of Life is an evolutionary process that is reflected in a system.
- Continuous striving for improvement is a manifestation of Creativity and is the foundation of Life.
- Creativity is based on Synthesis.

- The World is One Space of Life, where Life can be manifested and unmanifested.
- When we are developing system, we are synthesizing, and we are creating.

- **Questions help us to develop ourselves**

The questions that we ask ourselves are better than the questions that we get from the outer world. When we ask, we create. When we respond we also create but the process is different. When we ask, we have a choice. When we are responding, the choice is not ours. Choice is also a responsibility.

Some simple questions below support choice and responsibility 😊

"Why? - What? - Who? - How?" help us develop a system based on the harmonious balance of our outer and inner world that can be valuable in any sphere of our life.

Questions-System-Synthesis-Creativity.

- **Life is Creation**

Back to the "Why? - What? - Who? - How?" questions

They help us unite our own unique experiences, that every one of us has, and support Life by Creativity.

- Why is it important for me?
- What are the values of having my goal?
- Who takes responsibility to improve the resources?
- How do I create sustainably and resiliently?

We grow from within, and we can always improve what we have.

These simple questions "Why? - What? - Who? - How?" support us to create Life.

Why? Because Life is Creativity and we are Human, and we create. . . .

Olga Verasen

P.S.

“Everything you give sincerely carries Love, awakens feelings with which the one who considered himself weak becomes stronger. Gray acquires color when you understand that next to everyday worries and difficulties, there is the greater Joy of Life. When you see the light of happiness in others’ eyes, is it possible to regret the warmth of your heart?” (“Happy Home Fairy Tales”)

#sustainability #improvement #development #innovative education #coaching #humanity #earth



About the author

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