



## home care aide

### Description

Home care aides provide personal assistance and promote autonomy, on a daily basis to individuals who are unable to take care of themselves due to illness, ageing or disability. They assist them with personal hygiene, feeding, communication or medication according to the health care professional's instructions.

### Scope notes

Excludes people performing activities under the supervision of medical or nursing staff.

### Alternative label

personal care provider  
home health care aide  
elderly people assistant  
personal care attendant  
health care provider  
in home nurse  
live in caretaker  
personal care worker  
live in caregiver  
certified medical aide

### Regulatory aspect

To see if and how this occupation is regulated in EU Member States, EEA countries or Switzerland please consult the Regulated Professions Database of the Commission.

Regulated Professions Database:

[http://ec.europa.eu/growth/single-market/services/free-movement-professionals/qualifications-recognition\\_en](http://ec.europa.eu/growth/single-market/services/free-movement-professionals/qualifications-recognition_en)

### Hierarchy



5 Service and sales workers



## 53 Personal care workers



### 532 Personal care workers in health services



#### 5322 Home-based personal care workers

home care aide

Essential skills and competences

accompany people

apply first response

assist clients with special needs

assist disable passengers

assist social service users with physical disabilities

buy groceries

evaluate older adults' ability to take care of themselves

iron textiles

keep company

make the beds

monitor patient's health condition

prepare ready-made dishes

prepare sandwiches

provide in-home support for disabled individuals

support individuals to adjust to physical disability

support social service users to live at home

tend to elderly people

wash the dishes

wash the laundry

Essential Knowledge

disability care

disability types

first response

older adults' needs

Optional skills and competences

administer appointments

advise patients on health and lifestyle issues

assess risks for the elderly

assist disabled individuals to participate in community activities

clean household linens

clean rooms

clean surfaces

feed pets

handle linen in stock

lift heavy weights

listen actively

perform dusting activities

prepare dietary meals

prevent domestic accidents  
promote healthy lifestyle  
promote prevention of social isolation  
provide dog walking services  
provide first aid  
show social competences  
use cooking techniques  
use food preparation techniques  
vacuum surfaces  
work ergonomically

Optional Knowledge

food allergies  
hearing disability  
mobility disability  
visual disability

Status

released

Concept URI

<http://data.europa.eu/esco/occupation/1391bdf9-bd61-4fb5-91ca-c29036ab2b60>

ESCO is a Europe 2020 initiative.

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[DG Employment, Social Affairs and Inclusion](#) of the European Commission developed ESCO in collaboration with stakeholders and with the [European Centre for the Development of Vocational Training \(Cedefop\)](#) .

